



# Level 1 Award in the Principles of Health and Safety within the Workplace Course Fact Sheet

01452 502113  
[www.envesca.co.uk](http://www.envesca.co.uk)

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# Highfield Level 1 Award in Health and Safety within the Workplace

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## Course Aim

The course aims to give your employees a sound introduction into all aspects of health and safety practices including legislation, fire procedures, chemical safety, manual handling and personal protective equipment.

It will enable your employees to comply with your health and safety arrangements and do all they can to ensure everyone in your workplace remains healthy and free of harm.

## Who Should Attend

This course is ideal for those entering the workplace for the first time, either as part of a work experience programme or at the start of employment, as well as those starting a new job as part of their induction programme.

This course is suitable for all workplace environments, including retail, offices, manufacturing, food premises and the care environment.

If your employees have already undergone induction training and need to build on their existing health and safety knowledge, then it's recommended that they undertake the Level 2 Award in Health and Safety within the Workplace.

## Course Length

Half day

## Entry Requirements

Candidates are not required to have any prior knowledge or qualifications in health and safety to enable them to attend this course.

However, it is recommended that candidates have a minimum of Level 1 in Literacy/English or equivalent to undertake this qualification. Candidates should be aged 14 or above.

## The Content

- An introduction to health and safety in the workplace.
- Health and safety legislation.
- Employer and employee responsibilities.
- The importance of following instructions, safety rules and procedures at work.
- Identifying causes of accidents and how to prevent them.
- Identifying workplace hazards and risks and how to avoid them.
- The benefits of good housekeeping.
- Health and safety signage and safe use of equipment.
- The importance of reporting health and safety issues.
- The importance of good personal hygiene.
- First aid and fire safety within the workplace.
- Workplace welfare facilities.

## The Benefits

By attending the course, your employees will understand what health and safety in the workplace is and why it is important. They will recognise the work related hazards and risks within their workplace that commonly cause accidents and ill health.

They will understand both your and their responsibilities for maintaining a safe and healthy workplace.

On returning to the workplace, they will understand the safety measures that you have put in place and will be able to contribute to upholding these measures.

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You will be able to demonstrate compliance with legislation and prove due diligence through training records and certificates. In addition, you, your business, your employees and your customers will be protected.

## Accredited By

This course is accredited by Highfield Qualifications and sits on the Regulated Qualifications Framework (RQF).

**This course is also available as a non-accredited option.**

## What Is Included

### OFQUAL Accredited

Yes 603/1251/8

**RQF** Yes F/615/5158 (1Credit)

- Training in a friendly and relaxed learning environment
- Envesca's proven track record of fantastic results
- Knowledge and guidance from experienced time-served trainers
- Course materials
- The protection of Envesca's genuine "no risk" guarantee
- Excellent after care from a supportive team

## Delivery Methods

- In-House

## Rave Reviews

"I found the course very interesting and the section on risk assessment very useful for my work. It was delivered in an easy to understand way and I would definitely recommend Envesca to others."

**Debra Bagley**

**Spire Methley Park Hospital**

## Assessment Method

Candidates will be assessed by a multiple choice examination, where candidates must answer at least 9 out of 15 questions correctly.

The examination will take 30 minutes to complete and successful completion will result in a Highfield Level 1 Award in the Principles of Health and Safety with the Workplace certificate.

## Refresher Recommendation

It is recommended that all candidates who achieve the Level 1 Award in the Principles of Health and Safety within the Workplace refresh their qualification every three years.

## Suggested Progression

Upon successful completion of this course, candidates may wish to continue their development via the completion of any of the following qualifications:

- Level 2 Award in Health and Safety within the Workplace.
- Level 2 Award in Risk Assessment

## Our Promise

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Food Safety



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Training - Consulting - Supporting