



## Level 2 Award in Health and Safety within the Workplace Course Fact Sheet

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**envesca**

# Level 2 Award in Health and Safety within the Workplace

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## Course Aim

The aim of the course is to provide your employees with knowledge of basic health and safety practices essential in the workplace, which will enable them to contribute to any health and safety management system.

This includes the hazards and risks along with the relevant legislation and ensures awareness of cost effective, practical control methods.

## Who Should Attend

This course is ideal for all employees in the workplace, regardless of the industry they work in.

Everyone is at risk from work-related illness and injury, particularly new staff, employees who have recently changed job roles or taken on extra responsibilities and those who haven't refreshed their skills in the past three years.

This course is not suitable for Managers or Supervisors who already have basic health and safety knowledge. They would need to attend the Level 3 Award in Health and Safety within the Workplace qualification.

## Course Length

One Day

## Entry Requirements

Candidates are not required to have any prior knowledge or qualifications in health and safety to enable them to attend this course.

However, it is recommended that candidates have a minimum of Level 1 in Literacy/English or equivalent to undertake this qualification. Candidates should be aged 14 or above.

## The Content

- An introduction to health and safety law.
- Employer and employee roles and responsibilities with regard to health and safety.
- Enforcement officers, their powers and the actions they can take.
- The benefits of health and safety at work.
- Workplace accidents and how to prevent and report them.
- Causes of ill health and how to avoid them.
- First aid requirements in the workplace.
- Workplace safety and welfare.
- Identifying and preventing electrical hazards.
- Working ergonomically and workstation design.
- The importance of risk assessment.
- Personal protective equipment.
- The importance of good storage, stacking, maintenance and housekeeping.
- Using equipment safely.
- Fire safety in the workplace.
- Methods and controls to reduce the risk of common workplace hazards.
- Hazards and risks associated with working with vehicles.
- Identifying substances hazardous to health.
- Safe manual handling techniques.
- Potential effects of exposure to noise and vibration in the workplace.

## The Benefits

By the end of the course, you will have a good basic knowledge of health and safety procedures in the workplace.

You will understand the responsibilities of employers and employees under health and safety legislation and the importance of undertaking a risk assessment to prevent and control hazards.

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On returning to the workplace, you will know how to follow the correct safety procedures in the workplace and understand the hazards and ill health effects associated with work activities and processes.

In addition, not only are your business and customers protected, but you will also be able to prove due diligence through training records and certificates.

## Accredited By

This course is accredited by Highfield Qualifications and sits on the Regulated Qualifications Framework (RQF).

**This course is also available as a non-accredited option.**

### OFQUAL Accredited

Yes 603/1289/0

**RQF** Yes L/615/5244 (1 credit)

## Delivery Methods

- In-House

## What Is Included

- Training in a friendly and relaxed learning environment
- Envesca's proven track record of fantastic results
- Knowledge and guidance from experienced time-served trainers
- Course materials
- All examination fees plus certification costs
- The protection of Envesca's genuine "no risk" guarantee
- Excellent after care from a supportive team

## Rave Reviews

"The feedback I have received from my staff has been very positive, everybody thought the trainer was great, making the day fun, interactive and interesting. I would definitely recommend Envesca to other companies looking for effective health and safety training."

**Lorraine Palmer | Director  
Palmer and Howells**

"I have had some very positive feedback about the course. The trainer was very concise and knowledgeable. The content was relevant to the level it was pitched at, the group activities were good and the supporting materials were very useful."

**Carole Oakes | Training Co-ordinator  
Vandemoortele**

## Assessment Method

Candidates will be assessed by a multiple choice examination, where the candidate must answer at least 12 out of 20 questions correctly.

The examination will take 45 minutes to complete and successful completion will result in a Highfield Level 2 Award in Health and Safety within the Workplace certificate.

## Refresher Recommendation

It is recommended that all candidates who achieve the Level 2 Award in Health and Safety within the Workplace refresh their qualification every three years.

## Suggested Progression

On successful completion of this qualification candidates may wish undertaking one of the following qualifications:

- Level 2 Award in Risk Assessment
- Level 3 Award in Health and Safety

## Our Promise

"To make every Envesca experience outstanding"

## Our Range of Services



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Train the Trainer

Training - Consulting - Supporting