



Level 3 Award in Health and Safety in the Workplace Course Fact Sheet

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Level 3 Award in Health and Safety in the Workplace

Course Aim

The aim of the course is to provide your supervisors and managers with a thorough understanding of the requirements of health, safety and welfare in the workplace.

The course is designed to raise their awareness of the benefits of a health and safety management system, the risks and control methods for common workplace hazards; the principles of risk assessment and incident investigation.

Who Should Attend

This course is ideal for Managers, Supervisors, Team Leaders, Heads of Department or indeed anyone with a responsibility for health and safety within your business.

This includes those who have a responsibility for training employees, setting and maintaining high standards and enforcing a positive health and safety culture at work.

It is perfect for owners of small businesses or individuals wishing to advance their health and safety knowledge. It is also a minimum requirement for those wishing to register with an awarding body to train up to level 2 health and safety qualifications.

Course Length

Three days

Entry Requirements

We would recommend that candidates have a basic understanding of health and safety prior to attending this course, ideally the Level 2 Award in Health and Safety in the Workplace.

It is recommended that candidates have a minimum of Level 2 in English or equivalent. Candidates should be aged 16 or above.

The Content

- A general introduction to the management of health and safety.
- Outline the main legal framework and laws relating to health and safety at work.
- Outline the welfare provisions that should be made by the employer.
- Describe the sources and nature of information that demonstrate compliance and best practice with health and safety requirements.
- Outline ways that health and safety information can be communicated.
- Define the terms 'incident', 'accident' and 'occupational ill health'.
- Describe the main causes of injuries and ill health at work.
- Outline the costs associated with accidents and ill health.
- Summarise the typical elements of a safety management system.
- Outline the benefits of using a safety management system.
- Outline the benefits of assessing and controlling risks at work.
- Describe the different types of risk assessment that can be used.
- State where specific risk assessments may be required.
- State the steps to be taken to complete a simple risk assessment.
- Explain how the risks from different hazards may be affected by occupational, environmental, human and organisational factors.
- Explain how injuries, ill health and other damage may result following exposure to common workplace hazards.
- Identify suitable risk control measures using the principles of the hierarchy of control.
- Describe the actions that need to be taken following an accident or incident in the workplace.
- Describe how simple accident investigation techniques can reveal immediate and root causes.

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The Benefits

By attending this course, your employees will have a thorough understanding of health and safety and will know how to implement and promote a good health and safety culture within your business.

On returning to the workplace, they will have the confidence to manage their health and safety responsibilities effectively and ensure that all policies and procedures are carried out correctly, including first aid provision, fire safety precautions and emergency procedures.

They will be able to help staff to understand and develop their own health and safety roles and responsibilities and ensure improvement strategies are implemented. In addition, they will be able to undertake effective risk assessments and ensure that the relevant control measures are in place, adhered to and monitored.

You will be able to demonstrate compliance with legislation and prove due diligence through training records and certificates. In addition, you, your business, your employees and your customers will be protected.

Accredited By

This course is accredited by Highfield Qualifications and sits on the Regulated Qualifications Framework (RQF).

The course is also available as a non-accredited option.

Rave Reviews

“I initially came on this training course with the objective of refreshing my health and safety ideas, but when I had finished the session on Day 3, I realised that the training fulfilled far more than that.”

Hamidou Bensadi
BG Group

“Thank you for confirming my success. I really enjoyed the course and I thought both trainers, although they had different styles, were really engaging and good. I would like to attend the next level at a later date”

Lynn Stacey | PA and Office Manager
Gfirst LEP Ltd

What Is Included

- Training in a friendly and relaxed learning environment
- Envesca’s proven track record of fantastic results
- Knowledge and guidance from experienced time-served trainers
- Course materials
- All examination fees plus certification costs
- The protection of Envesca’s genuine “no risk” guarantee
- Excellent after care from a supportive team

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Delivery Methods

- In-House
- Public Courses Via Zoom
- eLearning
- Blended Learning

OFQUAL Accredited

Yes 600/0645/6

RQF Yes K/602/1647 (3 Credits)

Assessment Method

Assessment is by a multiple choice examination, where the candidate must answer at least 40 out of 60 questions correctly; 50 out of 60 will achieve a merit pass.

For Zoom courses the examination is conducted online using Highfield's Qualify at Home Remote Invigilation Service.

The examination will take up to two hours to complete and successful completion will result in a Highfield Level 3 Award in Health and Safety in the Workplace certificate.

Refresher Recommendation

It is recommended that all candidates who achieve a Level 3 Award in Health and Safety in the Workplace refresh their qualification every three years.

Rave Reviews Continued

"I loved every minute of this course. The sections on COSHH and Risk Assessment I found particularly useful for my job. I have to say that the trainer was the best trainer I have had in all the courses I have ever attended."

Julie Cook

Gillmans Appliance Specialists

"I thought the course was informative, useful and applicable. The venue was comfortable in a good location with ample parking. The course highlighted areas of health and safety that I was unaware of, that I need to address when I return to work. I would highly recommend this course."

Sasha Grandi

Wholefoods Market

"I have to say I loved every minute of this Level 3 Health and Safety course. The sections on COSHH and Risk Assessment I found particularly useful for my job. The trainer was the best trainer I have ever had in all the years I have been attending courses."

Julie Cook | D.A.D Team

Gillman's Appliance Specialist

Suggested Progression

On successful completion of this qualification, candidates may wish to continue their development by undertaking one of the following qualifications:

- Level 3 Award in Risk Assessment
- Level 4 Award in Health and Safety in the Workplace

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