



## Level 2 Award in Principles of Manual Handling Course Fact Sheet

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# Level 2 Award in Principles of Manual Handling

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## Course Aim

The aim of the course is to develop the candidates understanding of the principles of safe manual handling so they can apply what they have learned to their working environment and make their work practices safer.

## Who Should Attend

This course is suitable for all employees to raise their awareness of the risks of unsafe manual handling practices and for people who might have to carry out manual handling as part of their job.

This course is a theory based qualification. Candidates who need practical training should attend the one day Level 2 Award in Safe Moving and Handling course.

### Course Length

Half day

## Entry Requirements

Candidates are not required to have any prior knowledge or qualifications in health and safety to enable them to attend this course.

However, it is recommended that candidates have a minimum of Level 1 in Literacy/English or equivalent to undertake this qualification. Candidates should be aged 14 or above.

## Accredited By

This course is accredited by Qualsafe Awards (QA) and sits on the Regulated Qualifications Framework (RQF).

**This course is also available as a non-accredited option.**

## The Content

- Potential injuries and ill health associated with incorrect manual handling.
- Manual Handling Operations Regulations 1992.
- Employer and employee roles and responsibilities.
- The consequences of non-compliance with health and safety requirements at work.
- Introduction to manual handling activities.
- Manual handling hazards, risks and controls.
- The process for carrying out a manual handling risk assessment.
- The principles of the risk control hierarchy when applied to manual handling.
- The types of equipment designed to be used for manual handling tasks.
- The requirements for testing, servicing and examination of manual handling and lifting equipment.

## The Benefits

By the end of the course, your employee will understand the causes of common manual handling injuries and the types of injury poor manual handling can cause.

They will also understand the manual handling regulations, including the responsibilities of employers and employees.

When they return to the workplace, they will be able to undertake an effective manual handling risk assessment and understand the control measures they can put in place to reduce the risk of harm and how to implement them.

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You will be able to demonstrate compliance with legislation and prove due diligence through training records and certificates. In addition, you, your business, your employees and your customers will be protected.

## OFQUAL Accredited

Yes 601/5443/3

**QCF** Yes A/504/5456 (1 Credit)

## What Is Included

- Training in a friendly and relaxed learning environment
- Envesca's proven track record of fantastic results
- Knowledge and guidance from experienced time-served trainers
- Course book
- All examination fees plus certification costs
- The protection of Envesca's genuine "no risk" guarantee
- Excellent after care from a supportive team

## Assessment Method

Candidates will be assessed by a multiple choice examination and must answer at least 11 out of 15 questions correctly; the examination will take 25 minutes to complete.

Successful completion of the examination will result in a QA Level 2 Award in Principles of Manual Handling certificate.

## Delivery Methods

- In-House

## Rave Reviews

"I would like to express my personal thanks to Simon for his professionalism and the way he conducted himself throughout the day, it made my job as Health and Safety Manager an easy task. I have spoken to all of the people involved in the two Manual Handling Courses and they all said that they had learned something from the day, which is what we wanted to achieve. They also said that the way that Simon had put over the subject was informative but also good fun to take part in and they would have no hesitation in recommending Envesca to other people. Once again many thanks and we look forward to seeing you again very soon."

**Nigel Morris | Health and Safety Manager  
DS Smith**

"I thought the trainer was very professional and would give her 10 out of 10. She was very informative and I felt personally that I was able to digest most of the large amount of information because of her technique and ability to make you feel relaxed."

**Ali Grieve  
Interserve Facilities Management**

## Refresher Recommendation

It is recommended that all candidates who achieve the Level 2 Award in Principles of Manual Handling refresh their qualification every three years.

## Suggested Progression

On successful completion of this qualification, candidates may wish to continue their development by undertaking one of the following qualifications:

- Level 2 Award in Health and Safety
- Level 3 Award in Health and Safety



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First Aid



Customer Service



Food Safety



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