



Level 3 Award in First Aid at Work Course Fact Sheet

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Level 3 Award in First Aid at Work

Course Aim

The aim of the course is to provide your employees with the knowledge and practical skills they require in order to give effective life support, diagnose and treat injuries or illness and maintain care and comfort for the casualty.

The emphasis is placed on dealing with life threatening situations to help ensure that the casualty is kept alive until professional help arrives.

Who Should Attend

In order to establish the first aid requirement within your business, you are legally obliged to carry out a detailed First Aid Needs Analysis. This risk assessment will help you to identify the level of training your staff require.

This course is perfect for employees who are designated qualified first aiders within your business.

Course Length

Three days

Entry Requirements

Candidates are not required to have any prior knowledge or qualifications in first aid to enable them to attend this course.

However, it is recommended that candidates have a minimum of Level 1 in Literacy/English or equivalent to undertake this qualification. Candidates should be aged 14 or above.

Accredited By

This course is accredited by Quasafe Awards (QA) and sits on the Regulated Qualifications Framework (RQF).

The Content

- Understanding first aid regulations.
- The roles and responsibilities of a first aider.
- How to minimise the risk of infection to yourself and others.
- The need for establishing consent to provide first aid.
- Completing an accident report form.
- First aid equipment that you should be available in the workplace.
- The safe use of first aid equipment.
- How to quickly assess an incident or emergency situation.
- Looking after the casualty including what to ask and say.
- What to do if a casualty is unconscious.
- The recovery position.
- Practical life saving CPR skills using a CPR manikin.
- Recognising when someone is choking and the actions to take.
- Recognising the symptoms of shock and what to do.
- How to deal with minor and severe bleeding.
- Bone, muscle and joint injuries and how to treat them.
- What to do in the event of an asthma attack.
- Treating burns and scalds.
- Chest pains and how to identify and deal with a heart attack.
- Dealing with eye injuries.
- Recognising the symptoms of low blood sugar and what to do.
- How to deal with severe allergic reactions.
- Recognising the symptoms of a stroke and what to do.
- How to deal with someone having a seizure.

The Content Continued

- Identifying if someone has been poisoned and what to do.
- Administering first aid to a casualty with suspected head injuries.
- How to recognise spinal injuries and the actions to take.

The Benefits

By attending this comprehensive and practical course, your employees will understand their role and responsibilities as a qualified first aider in the workplace as well as the legal requirements for first aid provision.

On returning to the workplace, they will have the confidence to react quickly in response to any type of incident. They will have an in-depth knowledge of the different types of injuries and illnesses that may occur in the workplace and will know what to do and how to treat them.

Administering first aid quickly can often be the difference between life and death.

You will be able to demonstrate compliance with legislation and prove due diligence through training records and certificates. In addition, you, your business, your employees and your customers will be protected.

What Is Included

- Training in a friendly and relaxed learning environment
- Envesca's proven track record of fantastic results
- Knowledge and guidance from experienced time-served trainers
- First Aid at Work Book
- All necessary materials presented in an Envesca Course Folder
- Free lunch and refreshments throughout the course during public courses
- All examination fees plus certification costs
- The protection of Envesca's genuine "no risk" guarantee
- Excellent after care from a supportive team

OFQUAL Accredited

Yes 603/2384/X

RQF

Yes A/504/4517 and F/504/4518
(3 Credits)

Refresher Recommendation

This qualification is valid for 3 years. The candidate will need to retake the qualification before the certificate expiry date to remain qualified.

In addition, the Health and Safety Executive (HSE) recommend that a half day update course is taken every year.

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Assessment Methods

Assessment is by practical assessments and activities and two multiple choice examinations. The first examination candidates must answer at least 11 out of 15 questions correctly and the second examination candidates must answer at least 18 out of 25 questions correctly.

The first examination will take 25 minutes to complete and the second, 40 minutes. Successful completion will result in a Quallsafe Level 3 Award in First Aid at Work certificate.

Delivery Methods

- In-House
(Maximum of 12 candidates per course)
- Public Courses
- eLearning
- Blended Learning

Suggested Progression

Although this course is not available at the next level, why not check out our range of over 50 courses at www.envesca.co.uk

Rave Reviews

“I found the course to be really interesting and I felt I learnt a lot. The fact there was only a few people attending helped, as I felt more confident to ask questions and interact. The trainer was most informative and it was a relaxed atmosphere, which I think helped me absorb more information. I feel confident I would know what to do now if any accidents were to occur in or out of the workplace. Thank you very much for all your help, it’s greatly appreciated.”

**Sarah Skinner | Management PA
UTAX (UK) Limited**

“I found the recent CIEH Level 3 First Aid at Work course I attended at Farmors School extremely informative and fun. I feel much more confident to give first aid and use a defibrillator now. I thought the workbooks were very helpful and will refer back to them in the future to look over and refresh my memory.”

**Ash Trinder
Farmors School**

Our Promise

"To make every Envesca experience outstanding"

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