



## Level 2 Award in Basic Life Support and Safe Use of an AED Course Fact Sheet

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# Level 2 Award in Basic Life Support and Safe Use of an AED

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## Course Aim

The aim of the course is to provide your employees with the essential knowledge and skills so that they can recognise when someone has suffered cardiac arrest and to respond to the emergency quickly, calmly and confidently.

The delay from someone collapsing following cardiac arrest to receiving a shock from an automated external defibrillator (AED) is the single most important factor in determining how likely the casualty is to survive, and having the skills and confidence to use such a device, where it is available, can save lives.

## Who Should Attend

This course is perfect for any staff who wish to take further training or to develop their knowledge and/or skills in this subject area.

It is also recommended that all existing qualified first aiders in your workplace who have access to a defibrillator undertake this training.

### Course Length

Four hours

## Entry Requirements

Candidates are not required to have any prior knowledge or qualifications in first aid to enable them to attend this course.

However, it is recommended that candidates have a minimum of Level 1 in Literacy/English or equivalent to undertake this qualification. Candidates should be aged 14 or above.

## The Content

- Assessing a scene for danger.
- Assessing a casualty's level of consciousness.
- What to do if someone is unresponsive and breathing.
- What to do if someone is unresponsive and not breathing.
- How to place a casualty in the recovery position.
- Practical life saving cardiopulmonary resuscitation (CPR) skills using a CPR manikin.
- Safety considerations when using an AED.
- The different procedures required when using an AED on a child.
- Basic step-by-step prompts given by defibrillators and how to respond.
- How to place defibrillator pads on a casualty.
- How to combine the use of an AED in CPR.
- Procedures to follow if the casualty shows signs of life and starts to breathe normally.
- The information required when handing over a casualty.

## The Benefits

By attending this course, your employees will be able to manage an unresponsive casualty who is breathing normally as well as knowing how to manage an unresponsive casualty who is not breathing normally.

On returning to the workplace, they will be able to safely and effectively use an AED.

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In addition, not only will you, your business, your employees and your customers be protected, but you will also be able to prove due diligence through training records and certificates.

### Accredited By

This course is accredited by Quasafe Awards (QA) and sits on the Regulated Qualifications Framework (RQF).

**This course is also available as a non-accredited option.**

### OFQUAL Accredited

Yes 601/8280/5

**RQF** Yes L/507/9966 (1 Credit)

### What Is Included

- Training in a friendly and relaxed learning environment
- Envesca's proven track record of fantastic results
- Knowledge and guidance from experienced time-served trainers
- Course materials
- All examination fees plus certification costs
- The protection of Envesca's genuine "no risk" guarantee
- Excellent after care from a supportive team

### Delivery Methods

- In-House  
(Maximum 12 candidates per course)

### Rave Reviews

"I really enjoyed the first aid course I attended, it was fun and motivational. I have learnt how to perform CPR, how to use a defibrillator and what to do in an emergency situation. Brilliant course that I would recommend to everyone."

**Helen Harvey**

**Highbullen Hotel, Golf and Country Club**

### Assessment Method

Assessment is by the demonstration of competence in the specified first aid procedures and practical assessments during the course.

Successful completion will result in a QA Level 2 Award in Basic Life Support and Safe Use of an Automated External Defibrillator certificate.

### Refresher Recommendation

This qualification is valid for one year. To remain qualified, candidates must retake this qualification before the end of the first year.

### Suggested Progression

On successful completion of this qualification, candidates may wish to continue their development by undertaking one of the following qualifications:

- Level 3 Award in First Aid at Work

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